

DANCE ART SANCTUARY WITH MIRIAM PERETZ IN THE SACRED CIRCLE OF DANCE



LOCATION: HOF VAN AXEN, WITTEVEEN
DATES: MONDAY 20 - FRIDAY 24 JULI 2020

In this five-day dance immersion with Miriam Peretz, we unite our hearts in dance, song, rhythm and deep intention. We invite healing into our bodies and into the universe. Through traditional and interpretative sacred circle dances we explore the circular and cyclical nature of life. The dance sequences offered are inspired by the movement of circles, spirals and cycles that we find in the physical, energetic and universal body. During this dance transmission deep inspiration is also drawn from ancient sources such as: the traditional dances of Central Asia, Bektashi Sema, and devotional whirling practices.

Dance Art Sanctuary weaves group ritual with immersive dance exercises and heart-focused spiritual teachings. We focus on embodying prayers and intentions through movement in order to get to know dance as a healing art.

Each session offers a theme based on a soul characteristic and is the inspiration for both an improvisational element as well as a choreographic sequence.

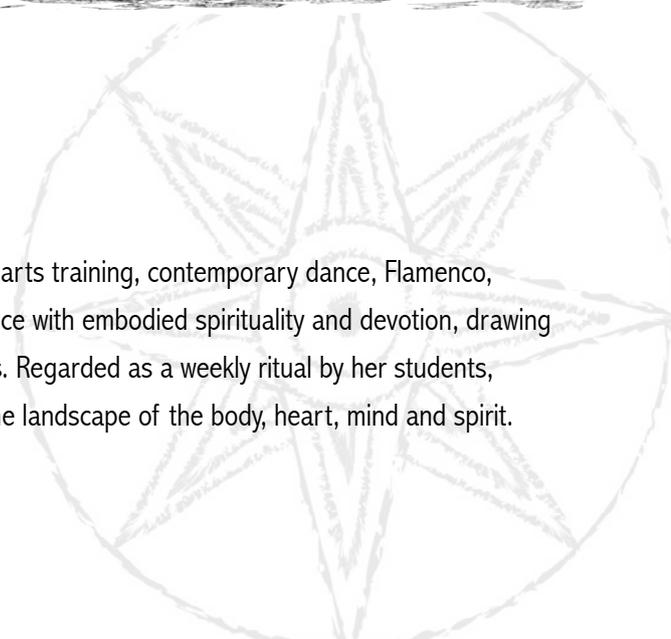
Everything is aimed at opening us on all layers of our being into a devotional deeply inspired way of dancing. The soul traits we examine together during these five days are: humility, compassion, patience, discipline, gratitude, generosity and equanimity.



Miriam Peretz is an internationally celebrated dancer devoted to creating transformational experiences for her students and audiences worldwide. Over the past twenty years her signature dance style has spread across continents through her international dance collective Nava, and through the intensive training's she offers worldwide. Miriam's unique style draws heavily on Central Asian dance, devotional whirling practices, and sacred dance rituals from around the world.

MIRIAM PERETZ

Her movement quality and aesthetics also incorporate her years of martial arts training, contemporary dance, Flamenco, and many other world dance forms. Miriam's work consistently weaves dance with embodied spirituality and devotion, drawing on her personal practice as a dervish and background as a child of mystics. Regarded as a weekly ritual by her students, her dance classes provide an integrated experience and journey through the landscape of the body, heart, mind and spirit.





Miriam's love of dance has led her on a life long journey in search for ways to use the arts as a bridge between people of different backgrounds and spiritual traditions. She sees dance as a uniquely powerful means of expressing deep emotion and spiritual yearning, and therefore the perfect embodiment of prayer.

It is the first time Miriam Peretz will share her work in the Netherlands, in a co-creation with Reino van der Velde from Nunqui Soulcoaching. A Dance Art Sanctuary, is a transmission in sacred dance from her to us. We will also be graced with a special guest workshop by author, storyteller and performing artist Lana Nasser.



GUEST WORKSHOP: LANA NASSER



"Dead Sea" photographer Kristof Persyn

HOF VAN AXEN

In addition to the dance sessions there is time to rest and enjoy the beautiful large garden with various sitting areas, fire places and a lake for swimming. Hof van Axen is a small paradise in the wooded area of Witteveen, Drenthe. Hof van Axen offers a supported space for a soulful encounter. Delicious nutritious and organic meals are made with love and prepared for us from their own garden. Keepers of this beautiful place are Sonja and Jan Groenewegen.

MORE ABOUT

Miriam Peretz is an internationally celebrated dancer devoted >> to creating transformational experiences for her students and audiences worldwide.

www.miriamdance.com

Lana Nasser: Writer, stage & voice >> artist, whirler and dancer. A dream researcher with a background in Psychology and Consciousness studies. She was born and raised in Jordan, studied in the US and now lives in Limburg. An eco-feminist and starting beekeeperess.

www.lananasser.com

Reino van der Velde: Guardian of Nunqui Soulcoaching, >> lover of Mother earth and of embodied and soulful living.

www.nunqui.com



Hof van Axen is a spiritual center, where natural healing and >>
experience are of paramount importance; it is a place for grounded
spirituality, a workplace for the soul!
Guardians of the Hof are Jan and Sonja.

www.hofvanaxen.com



RETREAT SCHEDULE

Arrival Monday July 20

17:00 - 19:30 Opening circle rituals- Embodying Devotion & Gratitude
19:30 Dinner

Tuesday July 21

9:00 - 10:00 Breakfast
10:30 - 13:00 Moving with Humility & Grace
13:00 - 14:00 Lunch
16:30 - 19:00 Sacred Circle Dances
19:00 Dinner

Wednesday July 22

9:00 - 10:00 Breakfast
10:30 - 13:00 Finding the Compassionate Warrior Within
13:00 - 14:00 Lunch
16:30 - 19:00 Turning towards the Heart
19:00 Dinner

Thursday July 23

9:00 - 10:00 Breakfast
10:30 - 13:00 The Art of Gesture & Generosity
13:00 - 14:00 Lunch
16:30 - 19:00 Weaving our stories into Sacred Text with special guest teacher - Lana Nasser
19:00 Dinner
20:30 - 22:00 Improvisations & Offerings session

Friday July 24

9:00 - 10:00 Breakfast
10:30 - 13:00 Cultivating Patience & Discipline
13:00 - 14:00 Lunch
14:30 - 16:30 Closing circle rituals - Opening the gates of Equanimity

* Please
bring a frame drum or
an instrument if you play
one as in the afternoon/
evenings we will have
spontaneous music
sessions!

MORE INFORMATION & SIGN UP

There are a limited number of places available so that sufficient attention can be offered for everyone's personal development. There are therefore only 10 early-bird tickets available.

Early-Bird Ticket

The early-bird discount is valid as long as early-bird tickets are available or until the end date of the early-bird discount on May 27th 2020, two months prior to the Dance Art Sanctuary.

Accommodation Hof van Axen

Accommodation is based on 2 persons per room. Sheep wool duvets and pillows are available. You can rent a linen set for € 10,- or bring your own bedlinen. All vegetarian organic meals are included and that also applies to snacks such as fruit, cake, coffee and tea.

Sign Up

You reserve your place by sending an email to reino@nunqui.com and transferring € 200,- via Paypal to Miriam Peretz. As soon as your contribution has been received, your reservation will be converted into a definitive registration. Your deposit of € 200,- is non-refundable.

Ticket full rate

€ 688,- is the total amount for participation and accommodation

Financial breakdown:

€ 333,- Food & lodging Hof van Axen, including btw + toerist tax

€ 355,- Dance Art Sanctuary: In the Sacred Circle of Dance

Early-bird ticket

€ 613,- is the early bird rate

€ 75,- discount

Financiële verdeling:

€ 333,- Food & lodging Hof van Axen, including btw + toerist tax

€ 280,- Dance Art Sanctuary: In the Sacred Circle of Dance

NB! The remaining balance of € 488,- for full rate or € 413,- for early-bird rate can be payed before 1 July 2020 to NUNQUI soulcoaching description 'Dance Art Sanctuary'. After your registration you will receive all necessary information from Reino van der Velde: nunqui.com | info@nunqui.com.



NUNQUI soulcoaching

