Kambo Information

What Is Kambo?

Kambo is the powerful medicinally potent secretion of the green giant monkey tree frog, Phyllomedusa Bicolor, which lives in the upper areas of the Amazon Rainforest. It has no natural predators – even snakes spit it back out if they swallow them. They are found in Bolivia, Brazil, Colombia, Peru, French Guiana, Suriname and Venezuela. The IUCN database lists them in the ‘Least Concern’ category in view of their wide distribution and large population. Kambo is completely legal everywhere in the world. The only restriction that exists is in Brazil where it is forbidden to advertise or market Kambo in order to restrict biopiracy.

A Kaxinawá legend tells that the Indians of the tribe were very ill and their medicine man (Pajé in Brazil) had done everything that was possible to cure them. All medicinal herbs known were used, but none helped. Under the effect of sacred plant medicines, he entered the forest and whilst there received a visit from the Grandmother. She brought in her hands a frog, from which she took a white secretion, and taught the Pajé how to apply it. Returning to the tribe and following the guidelines that he had received the Pajé was able to cure his brothers. From then on he was known as Pajé Kampu. After his death, his spirit lived on in the frog where it continued its mission to protect the health of those who defend the forest. The Indians continue to use its secretion to stay active and healthy. The secretion became known as Kambo but in some tribes it is called Sapo, Kampu or Vacina da Floresta. Its usage spread and it is still used widely amongst indigenous people in the Amazon to this day although the rituals vary from tribe to tribe.

How Is Kambo Harvested?

The frogs which are nocturnal and arboreal can be found in trees near the Igarapés (rainforest waterways) where they gather to sing and announce the rain. They are generally harvested at dawn by the Indians who also sing and imitate the frogs’ song. The frogs are very passive and do not react when picked up, possibly because they have no predators. The frogs are carefully tied by each leg with straw strings into an X shape. Sometimes a female shaman will massage the toes to encourage the secretion which is then carefully scraped off and dried on small sticks. After it is released the frog returns to its habitat none the worse for wear. The strings leaves a tiny white
line on each leg which stops anyone from harvesting the frog again until it has faded which takes at least 3 months. The frog is never harmed but treated with utmost care and respect as the Indians believe that to harm the frog will anger the animal spirits that they live so closely with. Kambo collected in this way is considered 100% ethically harvested.

**What Is It Used For?**

The use of Kambo differs amongst tribes but the main indigenous uses revolve around lifting Panema – an indigenous name for dark or negative energy and for Hunting Magic – they believe it increases their speed and energy during hunting and that it makes the hunter invisible by temporarily eliminating their human odour. There are many ways they use it medicinally too, including: malaria, snake bites, fevers, infections, fertility problems, to cleanse, detox and strengthen the mind and body, to increase energy and stamina and to reduce pain.

Outside of the forest, Kambo has been the subject of more than two decades of medical research. As with venoms from snakes and scorpions, researchers believe that Kambo will open up a new world of treatments for Chronic Fatigue Syndrome, Chronic Pain, Cancer, HIV, Parkinson’s Disease, Alzheimer’s, Depression, Vascular problems, Hepatitis, Diabetes, Rheumatism, Arthritis, Addictions and much, much more. Their work consists of attempting to identify, isolate and reproduce the incredible and unique chemical cocktail that Kambo is. It contains dozens of Peptides (short chains of amino acids), some of them bioactive which means they have an affinity and selectivity for binding with receptor sites in humans (A receptor is like a lock that, when opened with the right key—the bioactive peptide—triggers specific chemical reactions in the body). For those of you who want to do more research, the peptide families represented in Kambo include bradykinins (phyllokinin), tachykinins (phyllomedusin), caerulein, sauvagine, tryptophyllins, dermorphins, deltorphins and bombesins. Recent studies have shown that Kambo contains multiple antimicrobial peptides effective against drug resistant strains of bacteria, fungi, protozoa, parasites and virus, providing opportunities for the development of new and more efficient nanotechnological-based therapies for treating infectious diseases. Several years of research by the University of Paris have shown Kambô to be super effective at killing cancer cells and Queens University in Belfast recently won a prestigious award for their ground breaking work with cancer and Kambô.

Kambo is one of the strongest natural anti-inflammatory, antibiotic, antimicrobial and anaesthetic substances found in the world and one of the strongest, natural ways to strengthen
the immune system. It also detoxes the liver and the intestines so it’s a powerful cleanser. Immediate and short term effects include enhanced mood, alertness, clarity, focus, energy and increased resistance to stress, tiredness, hunger and thirst. The mind becomes still, you feel lighter and everything becomes easier to manage. In the longer term, Kambo empowers the immune system, rousing the body’s defence systems to their natural functions so that existing health problems are improved or resolved and future ones are less likely to occur. In spiritual terms, Kambo works in a mystical fashion as a light that opens the way, helping us to overcome obstacles and release blockages on an emotional level. It clears our energy field and realigns the chakras enabling us to break negative habits and think more naturally.

Despite the billions of pounds, euros and dollars being poured into researching and developing mainstream synthetic medication from Phyllomedusa Bicolour frog secretions, no one has yet managed to reproduce the original! Kambo in its original, natural form is a holistic treatment that works on the mind, body, energy and spirit at all levels in ways that we don’t completely understand yet. The Indians are quite right to use the word ‘magic’ when describing this substance.

How is Kambo Used?

Kambo should always be taken with a properly trained person administering and supervising the treatments at all times!

Kambo is intense but fast. The unpleasant effects are strong and immediate but over within 30 - 40 minutes. The dried Kambo is mixed with a small amount of water and divided into small dots. Then small points called gates are placed into the surface of the skin. The points are approximately 1/8” across but can be smaller or slightly larger depending on the treatment. The top thin layer of skin is blistered with a hot stick and the skin is peeled off to expose the epidermis underneath – this is the same as when you have a blister and the skin rubs off. There is no blood. The number and position of the points varies from person to person depending on individual needs. If you have a series of treatments in the same session, the same points are reused. The small dots of Kambo are applied to the points. This is the only way to take Kambo – it is not safe to ingest it or introduce it into the bloodstream directly. The Kambo enters directly into the Lymphatic System so the effect is very fast. Most people experience a warm to hot flush on the upper body and face along with increased heart rate. At this point, different people will react in different ways. Some will feel dizzy, foggy or spaced out. Some people have swollen lips or face and slight skin tingling. The Kambo will be racing around your body, scanning it for problems and then going directly to work on those areas. You may experience a throbbing or burning sensation in those areas for a short while. Kambo is not psychoactive so does not produce hallucinations but can produce a short altered state of reality in some people and many people receive insights and messages about living a healthier life. Then you will purge all the toxins out. This purging process works on a physical
and emotional level. You may feel tired at this point and need to rest. Within a short time – usually an hour or so you will feel much better and you can drink and eat normally. After a good night’s sleep you will start to feel the real benefits.

The burn marks will heal and fade with time but depending on your skin colour and type you may always have small visible scars. Most people see their Kambo scars as a badge of honour. The same points can be reused after approximately 3 months. After the dots of Kambo are removed, the points are dressed with Peruvian tree sap. This helps them to heal faster and ensures they stay free from infection until they scab naturally within a day or so.

Health Requirements;

IMPORTANT; It is ESSENTIAL that you do not fit any of the following criteria to be able to work with Kambo;

- Have had heart surgery or have any other serious heart issues
- Have severely low blood pressure that you are taking medication for
- Have a history of multiple blood clots
- Suffer from a serious mental health condition
- Have suffered a stroke
- Have had an organ transplant that you are taking immune system suppressing medication for
CONTRA-INDICATIONS.
Those on the following list may NOT safely take Kambo.

Those who:

- Have serious heart problems.
- Are on medica on for low blood pressure.
- Have suffered a stroke.
- Have had a brain haemorrhage.
- Have had aneurisms or blood clots.
- Lack the mental capacity to make the decision to take Kambo.
- Have serious mental health problems excluding depression, PTSD and anxiety.
- Are undergoing chemotherapy, radiotherapy or for 4 weeks after treatment would take place.
- Take immune-suppressants for organ transplant.
- Have Addison’s disease
- Have current and severe Epilepsy
- Are recovering from a major surgical procedure
- Are pregnant or maybe so
- Are breast-feeding a child under 6 months old (over 6 months is fine and merely requires a rest from nursing for 4-6 hours after treatment)

If any of the above apply to you then you will not be able to work with Kambo for your own safety. It is essential to disclose any relevant information to me. Do not withhold any relevant health information.

If you have any other serious health issues or any condition that you are currently taking medication for then it is essential that you let me know so that we can discuss before hand.

Other relevant medical information;

If you are menstruating at the time of treatment, Kambo may well cause the flow to increase for 24-36 hours because it contains powerful Vasodilators. If you are Asthmatic ensure that you have your inhaler with you. If you carry an EpiPen for health reasons please bring with you and make me aware of this. Asking you to carry these items to ceremony is merely my own personal request to be super rigid on the side of safety. If you are Diabetic it’s important
to discuss your treatment in advance. You must inform me if you have previously or are currently suffering from a mental health condition, regardless of whether or not you are taking medication. The only exception to this is mild depression and/or anxiety. In most cases it is usually completely safe for you to continue taking your normal medication but please discuss this beforehand.

**Before the treatment it is ESSENTIAL to fast for 12 hours!**

That includes no coffee or black tea. Water and herbal teas are fine. Set intentions for what you would like to let go of before the ceremony. Whatever isn't serving you and you want to release from your being. Also set intentions for the positive things you would like to call into your life. I ask that you refrain from drinking alcohol or taking recreational drugs in the 24 hours before and after your treatment. It is ideal to eat a healthy and nutritious meal that is not too heavy as your last meal before the treatment. Ideal example; brown rice and veggies, big fruit salad etc, not recommended example; Meat feast stuffed crust pizza with Pepsi, burger and fries etc. Please use your own discretion.

**What is the 'Vaccina De Floresta'?**

In many tribal traditions, Kambo is taken as the Vaccina De Floresta and is administered as 3 treatments over one moon cycle. This is a super potent and effective way to go very deep with cleansing, each treatment providing deeper healing. Please let me know if you are interested in sitting the 3 treatments in a moon cycle. Kambo can on request be taken as a double treatment in one sitting which would be at additional cost. If this is something you are considering it is best to let me know before hand and you would need to bring an additional 5 litres of water. The more you work with the medicine, the deeper it goes. Everyone will benefit from a single session, providing none of the contra indications listed apply to that person.