

Healing ceremonies with sacred power plant Natem

with Roman – Santiak

Dear friends , brothers and sisters, we would like to invite you to a ceremony with the sacred Natem.



"Natem" in the Shuar* language means: "birth, death, rebirth" is a drink prepared in the traditional way for thousands of years by Amazonian shamans. It is the purest essence of the rain forests energy . Drink that has the ability to connect with the true essence of humanity, expands consciousness, purifies and strengthens the body and soul, treats diseases of civilization, harmonizes, unites, strengthens the body and spirit and gives an insight into the various secrets of nature.hh

(*Shuar - indigenous people of the Ecuadorian Amazon)

Roman - Santiak



Roman originally from the Czech Republic, underwent intensive training with medicine Natem in the Ecuadorian Amazon, where he spent two years living in the Shuar community Asau. His guides through his physical and spiritual cleansing were Miguel Chiriap, Don Oscar, Don Luis Chiriap, Julio Tiwiram, German Nantipia, Don Pedro, Mira Jempe, Quera dona

Wilma and amongst others Natem itself. In practice, with plants of power, his dedication to energy work and healing using various medicinal plants of the Amazon and other tropical climatic zones continues within the community of Vilcabamba, Ecuador, where he works as a spiritual guide and healer.

Preparing for ceremony

The true spiritual connection does not occur if the body as the temple is contaminated by physical and spiritual toxins.

Therefore, it is important to prepare your body and mind before the ceremony.

The early morning cold shower

At least three days before the ceremony :

It strengthens the body and spirit, strengthens immunity, improves blood circulation, regulates body temperature, accelerates metabolism, alleviates depression, detoxification, deepens breathing.

Diet minimally three days before the ceremony

Salt and sugar block the medicinal effects of plants. 3 days before the ceremony is recommended to limit salt and sugar to a minimum.

Three days before the ceremony to restrict food intake.

Exclude from the diet: garlic, onion, red meat, dairy products, fermented and canned foods, spicy and fried foods.

Important is the absence of sex and alcohol. Reduce coffee, chocolate, smoking.

On the day of the ceremony it is recommended minimum food. The last meal should be served after twelve o'clock noon. It is best to be fasting on that day.

Mental health problems and medications should be discussed with the organizer of the ceremonies.

What to bring:

Trust, love, warm clothes, a sleeping bag or blanket, mat, flashlight

